

# OSHA 10-HOUR CONSTRUCTION SAFETY TRAINING

(This is a 2-Day Course)



## Course Objectives:

Upon Completion of this course, participants will be able to:

- ✓ Be more accountable for their safety & the safety of others on the job.
- ✓ Understand how to identify, avoid, prevent and control hazardous situations.
- ✓ Better understand the function and role OSHA plays in worker safety.
- ✓ Appreciate the cost of an accident or injury to his employer and himself.
- ✓ Demonstrate through a written exam their understanding of safety in the workplace.

## Topics Include:

(\*=Topics Required by OSHA)

Intro to OSHA\*

General Duty Clause\*

Electrical\*

Fall Protection\*

Struck-By/Caught-in-Between\*

Personal Protective Equipment (PPE)\*

HAZCOM\*

Silicosis\*

Stairways & Ladders

Material Handling

Bloodborne Pathogens

Scaffolds

Hand & Power Tools

Excavations

Aeriallifts



## Course Description:

This is a 2-Day OSHA 10-Hour Construction Outreach Safety Training program designed by OSHA for construction workers, foremen, job supervisors and anyone involved in the construction industry. The goal of this OSHA 10-Hour Outreach Construction Safety Training course is to help employers and employees identify, avoid, prevent and control hazardous situations in the work place.

Considered "the standard" in the construction industry, this OSHA 10-Hour Outreach Safety Training provides a strong foundation upon which employers and their workers can build a safe working environment. This safety awareness class could help reduce or eliminate employee injuries, workers' compensation claims, potential lawsuits, property damage, and the need to hire and train replacement workers.

OSHA 10-Hour Safety Training is a lifetime investment in the safety of your employees. OSHA 10 cards currently do not have an expiration date.

**Maximum Class Size:** 40

**Length of Class:** 10-Hours over 2 days

**Pricing:** Call for pricing.

**Class Location:** Classes are held on a regular basis throughout Massachusetts, New Hampshire, Connecticut, New York, Rhode Island and throughout North America.

**Private Training Sessions:** Available at either your location or a location convenient to you.

**For Additional Training/Services, go to**

**[www.safetyequipped.com](http://www.safetyequipped.com)**

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